

**Santa Rosa Integrative Family Medicine Fellowship Application**  
**for the 2010-2011 Academic Year**

MISSION STATEMENT

In order to enhance the health of our patients and communities, The Santa Rosa Integrative Family Medicine Fellowship is committed to training physicians to incorporate holistic principles into the delivery of high quality and effective care to diverse and underserved populations.

PASSION STATEMENT

We are looking for someone passionate about integrative medicine and passionate about growing it with us in our residency program and with our patients.

DEFINITION

Integrative Family Medicine (IFM) is:

Patient-centered care embracing mind, body, and spirit in the context of one's life, family, and community, utilizing the best practices of all traditions of medicine and healing. We hold this inclusive definition to help shape the future of medicine to provide high quality, accessible, effective options to all people.

We have the following VALUES:

- **Relationship based:** Healing happens in the context of relationship.
- **Community connection:** Meeting the needs of the population we serve.
- **Playfulness:** Acknowledging the motivational and healing qualities of humor and play.
- **Openness:** There is no one system that has all the answers.
- **Motivation:** Working hard for positive change; willing to put in the effort it takes to bring a new idea to reality.
- **Balance:** Finding the balance between professional passion and self-care.
- **Access:** Healthcare is a universal right!
- **Effective care:** Treatments must show benefit
- **Sustainability:** Solutions must be might say “practical in the real world”
- **Wellness:** Live it, Be it, Teach it!

FELLOWSHIP DESCRIPTION

This is a skill-based fellowship with emphasis on providing access to Integrative Medicine for traditionally underserved populations in a community health center-based residency program. The Fellow engages in a mixture of educational, self-care, administrative, teaching, and clinical duties. The goal is to create physicians skilled in the delivery and teaching of holistic family care while allowing personalization to meet the individual career needs of each fellow.

Upon completion of the Fellowship, the Fellow should feel competent to employ the principles of IFM in a wide variety of practice models.

## APPLICATION DETAILS

### Overall Application Process / Time line:

1. If you are interested in the integrative medicine fellowship we would like your letter of intent by Monday October 19, 2009.
2. We accept applications from outside of the Santa Rosa Residency Program. You must have graduated or be about to graduate from an approved family practice residency and, if invited for an interview, we require a letter of support from the residency director and one additional letter of recommendation.
3. The full application (see below) is due **Monday November 2, 2009.**
4. Applicants will be invited for interviews to be held between November 16 – Dec 1, 2009.
5. Final Decision will be given to candidates and announced December 15, 2009.

### Application:

1. Current Curriculum Vitae
2. Journey Statement: Please describe your journey through medicine and how you envision incorporating Integrative Medicine into your career and life. (1 page essay).
3. What modalities are you interested in learning?
4. How do you see integrative medicine fitting into a community health center clinic?
5. What would you imagine yourself doing during the year: learning, teaching, special projects/passions, research, etc. ?
6. Put the following list in order from 1-5 (or more, if you see fit) of your biggest passions that you would like to explore during the fellowship:
  - i. \_\_\_Research (engaging in active discovery & inquiry and sharing this knowledge with others)
  - ii. \_\_\_Clinical application (helping create, run, and discover ways to help our patients)
  - iii. \_\_\_Teaching (bringing this information to the residents and to the patients in an educational model)
  - iv. \_\_\_Leadership (moving the entire paradigm of medical thinking in a new direction/creating change on a larger scale)
  - v. \_\_\_Personal growth (my own learning and growth as an integrative practitioner)

vi. Other? \_\_\_\_\_

7. How does this fellowship fit in with your career goals?

**Fellowship Details:**

This is a twelve-month long fellowship. Applicants should have completed their third year of an approved Family Medicine residency by July 1, 2010 and be board-eligible.

0.6 FTE clinical duties:

- 0.4 FTE continuity FPC clinic
- 0.2 FTE preceptor, in Integrative Medicine Clinic and Family Practice Center

0.4 FTE protected fellowship: research/learning/self-care time

Additional Details:

- Time off for select conferences.
- 21 days paid vacation
- UCSF Faculty Appointment
- Faculty Inpatient Medicine Call [approximately 1 in 8 call]
- OB call may be possible
- Salary: \$60,000
- CME: \$12,000/yr
- Full Faculty Benefits: Health, Dental, Vision, Disability, Malpractice
- Start Date: August 1, 2010

Please Send Completed Application via email to:

Ben Brown MD

[benb@swhealthcenter.org](mailto:benb@swhealthcenter.org)

Wendy Kohatsu, MD

[kohatsw@sutterhealth.org](mailto:kohatsw@sutterhealth.org)